

2016 Scheme

Q.P. Code: 422005

Reg. No.....

Final Professional B.S.M.S Degree Regular/Supplementary Examinations March 2026

**Varmam, Puramaruthuvam and Sirappu Maruthuvam (Varmam Therapy,
External Therapy and Special Medicine)**

Time: 3 hrs

Max. Marks:100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Essays:

(2x15=30)

1. What is Cervical spondylosis. Write its causes, signs, symptoms, complications, external therapies and Varmam Management.
2. Explain the location of Pidarikaalam along with symptoms, Nazhigai, Ilakkumurai and medicines and give the clinical importance of Pidari kaalam.

Short Notes:

(10x5=50)

3. Write notes on the preparation and uses of Poorna Chandrothayam.
4. Give details about 1st and 7th Cranial nerve disorders.
5. Define Geriatrics. Describe External changes and prevention in Geriatrics.
6. Discuss the location, symptoms and treatment of kakkattai kaalam.
7. Briefly explain the method and uses of Peechu.
8. Describe about Kaaya karpams used in households.
9. Define Osteomyelitis. Describe Aetiology, Pathology and clinical features of Acute pyogenic osteomyelitis.
10. Write any five thuvalai for kirigai diseases.
11. Write the important medicines used in Varma therapy.
12. Give notes on Amarakanda Vali and Kumara kanda vali and its treatment.

Answer briefly:

(10x2=20)

13. What is the Special Herbal Karpam for Thanur Vaayu
14. What is Babinski sign.
15. Write about Navachara Aakkiranam.
16. Define Scoliosis.
17. Name the Thokkanam which is beneficial for obesity and infertility treatment.
18. Moorka Paithiyam – symptoms and treatment.
19. Method and uses of Karppandasanam.
20. Write the types of Brammai noi.
21. Write the location of Dhakshana kaalam.
22. Pulse diagnosis of Varma injury patients.
