

Q.P. Code: 212355

Reg. No.:.....

**Second Year M.Sc Nursing Degree Regular/Supplementary
Examinations October 2025**

**Clinical Specialty II – Mental Health (Psychiatric) Nursing
(2016 Scheme)**

Time: 3 hrs

Max Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Long Essays:

1. a) Define mental retardation. Discuss in detail the etiology, signs and symptoms, and types of mental retardation.
b) Discuss the nursing management of a child with severe mental retardation.(10+10)
2. Psychological problems related to menstruation, menopause, conception, pregnancy and puerperium. (15)

Short Essays:

(4x10=40)

3. Describe the cycle of battering in women. Write nursing care plan for a victim of abuse.
4. Write nursing care plan for an elderly client with depression.
5. Management of dissociative disorders.
6. Sleep disorders.

Short Notes:

(5x5=25)

7. Impulse control disorders.
8. Psychosocial concerns of families with life threatening illness.
9. Hypochondriasis.
10. Bulimia nervosa.
11. Legal and ethical issues in psychiatric nursing.
