

Q.P. Code: 115355

Reg. No.:.....

**First Year M.Sc Nursing Degree Regular/Supplementary Examinations
October 2025**

**Clinical Specialty – I
Mental Health (Psychiatric) Nursing – 1
(2016 Scheme)**

Time: 3 hrs

Max Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Long Essays:

1. Explain various mental status areas and procedure of mental status examination. (10+10)
2. Describe Delirium with clinical picture. Explain role of a nurse in managing a client with Delirium in the ward (15)

Short Essays:

(4x10=40)

3. Appreciate Stress adaptation model
4. Describe electro convulsive therapy
5. Discuss mood stabilizers
6. Explain panic disorders

Short Notes:

(5x5=25)

7. Draw mental health illness continuum
8. Music therapy
9. Circadian rhythm
10. Rights of mentally ill
11. Neurotransmitters
