

Q.P. CODE: 622010

Reg. No:

Sixth Semester B.Sc Nursing Degree Supplementary Examinations

March 2026

**Mental Health Nursing - I & II
(2021 Scheme)**

Time: 3 Hrs

Max. Marks: 75

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers*
- *Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

1. Multiple Choice Questions

(12x1=12)

(Choose the most appropriate answer from the options given)

The responses for MCQ questions (Q.No. i to Q.No. xii) shall be written continuously on the first two writing sheets (ie Page No. 3 & 4) only

- i. Medical model considers the cause of mental disorders a result of
 - a) Organic pathology in the brain
 - b) Use of maladaptive behaviour
 - c) Strict societal norms
 - d) Abnormal cultural practices
- ii. The ICD classification is given by
 - a) Indian Psychiatric association
 - b) American Psychiatric Association
 - c) American Psychological association
 - d) World Health Organization
- iii. The patient is asked to repeat three words which the nurse has said ten minutes before. If the patient has performed correctly, which one of the following memory is intact
 - a) Recent
 - b) Immediate
 - c) Remote
 - d) Delayed
- iv. One of the general principles of psychiatric nursing is
 - a) Relaxing the patient
 - b) Use self -understanding as a therapeutic tool
 - c) Repeated thinking
 - d) Judgement of patient symptoms
- v. Which of the following is a barrier to therapeutic communication
 - a) Listening
 - b) Focusing
 - c) Giving advice
 - d) Restating
- vi. Which one of the following blood lithium levels in mEq/ L indicates lithium toxicity
 - a) 0.8-1.2
 - b) 0.8-1.3
 - c) 0.6-1.0
 - d) >2.0
- vii. Following are the clinical features of mania, **EXCEPT**
 - a) Elation of mood
 - b) Disorientation
 - c) Increased psychomotor activity
 - d) over valued ideas
- viii. Which of the following behaviour therapy techniques is mostly useful in the treatment of phobias
 - a) Token economy
 - b) Chaining
 - c) Systematic desensitization
 - d) Positive reinforcement
- ix. "Flash back phenomenon is common with
 - a) Opium
 - b) Cannabis
 - c) Nicotine
 - d) Alcohol
- x. An important characteristics of antisocial personality disorder is
 - a) Argumentative
 - b) Impaired cognitive function
 - c) Violates social norms
 - d) Over dependent
- xi. Sexual arousal with the help of a non-living object is called
 - a) Fetishism
 - b) Transvestism
 - c) Exhibitionism
 - d) Fortteurism
- xii. Craving and eating of non-edible substances such as paint and clay is termed as
 - a) Binge eating
 - b) Verbigeration
 - c) Polyphagia
 - d) Pica

(PTO)

Essays**(2x15=30)**

2. A 32-year-old female patient is admitted to the psychiatric unit with symptoms of mania.
 - a) List down the key clinical features of Mania
 - b) Identify at least THREE nursing diagnoses with interventions that are appropriate for managing patient's symptoms
 - c) Describe the role of pharmacological treatment in managing mania (4+6+5)
3.
 - a) List down Non therapeutic communication techniques
 - b) Illustrate any SIX therapeutic communication techniques with examples
 - c) Describe various phases of Nurse-Patient relationship (4+6+5)

Short notes**(5x5=25)**

4. Discuss characteristics of mentally healthy person
5. Explain different types of Hallucinations
6. Explain disulfiram ethanol reaction
7. Illustrate Indications, Contraindications and Side effects of Electroconvulsive Therapy (ECT)
8. Enumerate Mental Health Care Act 2017

Differentiate between**(4x2=8)**

9. Cyclothymia and Euthymia
10. Psychotic disorders and Neurotic disorders
11. Delirium and Dementia
12. Fear and Anxiety

CORRECTION / NO-CORRECTION FILE
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QPCODE: 622010

Dated: 16-03-2026

Question No.2(a)

Replaced with "List down the etiological factors of Mania".

Corrections/Modifications/Replacement of Questions if any shall be made available to all students. Take the print out of the Correction File in such cases and distribute to all students.

(Sd/-)

CONTROLLER OF EXAMINATIONS