

**Fourth Year Bachelor of Occupational Therapy Degree Supplementary
Examinations March 2026**

Group Process in Occupational Therapy

(2020 Scheme)

Time: 3 Hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Elaborate on

(2x20=40)

1. Describe and plan a self-help group for spouses of persons with Substance Dependence.
2. Elaborate on Tuckman's stages of support group development and ways of facilitating each stage, with relevant examples.

Write notes on

(8x5=40)

3. Yalom's curative factors.
4. Mosey's group interaction skills.
5. Group task roles.
6. Attraction sociogram.
7. Bale's Interaction Process Analysis.
8. Three examples of unhelpful group norms.
9. Four strategies to develop group cohesion in a cooking group.
10. Abstract aspects of the group environment.

Short Answers

(10x2=20)

11. Open group.
12. Written versus verbal referral.
13. Directive leadership.
14. Experiential training in groups.
15. Coalition in groups.
16. Group polarization.
17. Two strategies to manage a dominant group member.
18. Warm-up phase of a group.
19. Task functions of a leader.
20. Dealing with transference in groups.
