

**First Year Bachelor of Occupational Therapy Supplementary
Examinations March 2026**

**Introduction to Occupational Therapy and Therapeutic Activities
(Common for 2020 and 2024 Scheme)**

Time: 3 Hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Essay

(2x20=40)

1. Discuss the scope of occupational therapy in an acute hospital for pediatrics and neurological conditions.
2. Explain the principles and procedure to evaluate passive range of motion.

Short Essays

(8x5=40)

3. Outline the development of occupational therapy in India.
4. Discuss the importance of occupation in people's life.
5. Describe gradation and adaptation with suitable examples.
6. Explain ONE standardized test to evaluate Activities of Daily Living (ADL).
7. Describe progressive resistive exercise.
8. Draw a labelled diagram of opponens splint and mention therapeutic uses of it.
9. List the therapeutic uses of gardening activity.
10. Explain the occupational therapy code of ethics.

Short Notes

(10x2=20)

11. List the members of rehabilitation team.
12. Name the components of Instrumental Activities of Daily Living (IADL).
13. Mention TWO examples for isometric muscle contraction.
14. Name TWO standardized tests to evaluate hand functions.
15. List the cognitive skills required for collage activity.
16. Name the types of seams.
17. Mention TWO adaptations for clay modelling activity.
18. List FOUR therapeutic uses of symmography activity.
19. Mention the stimulus and possible responses of ankle reflex evaluation.
20. List any TWO functions of All India Occupational Therapists' Association (AIOTA).

CORRECTION / NO-CORRECTION FILE
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QPCODE: 105022

Dated: 13-03-2026

Question No.6

Replaced with "Parameters of ADL evaluation."

Question No.8

Replaced with "Principles of therapeutic exercises."

Question No.14

Replaced with "Name different types of Grasps."

Corrections/Modifications/Replacement of Questions if any shall be made available to all students. Take the print out of the Correction File in such cases and distribute to all students.

(Sd/-)

CONTROLLER OF EXAMINATIONS