

**Q P Code: 306007**

**Reg. No. ....**

**Third Professional BUMS Degree Supplementary Examinations  
September 2024**

**Ilaj Bit Tadbeer (Regimental Therapy)**

**(Common for 2015 and 2016 Scheme)**

**Time: 3 Hrs**

**Max. Marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

**Long Essay**

**(2x15=30)**

1. Describe Asbab e Sitta Zarooriya and their importance in regimental therapy
2. Describe the aims, objectives, types and therapeutic indications of Riyazat (exercise therapy).

**Short Essay**

**(8x5=40)**

3. Define Ghiza and its types
4. Describe the application of regimental therapy for psoriasis
5. Explain the application of regimental therapy in pain management
6. Explain the application of regimental therapy in Falij (Paralysis)
7. Describe the diets in different age, sex and climates
8. Define Fasd (venesection therapy) and common Urooq e Mafsooda (veins for venesection)
9. Describe the Hijamah (cupping therapy)
10. Explain Notool (irrigation therapy)

**Short Notes**

**(10x3=30)**

11. Define Ilaj bit Tadbeer, its aims and objectives
12. Write the indications and contraindications of Taleeq (leech therapy)
13. Write about the treadmill exercise
14. Write the indications and contraindications of Huqna (enema therapy)
15. Write a note on Muzij wa Mushil therapy
16. Define Dalk (massage therapy) and its types
17. Short wave diathermy
18. Describe the diet in obesity
19. Define Tahdeed (traction)
20. Describe the application of regimental therapy for diabetes mellitus.

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