

Q P Code: 306007

Reg. No.

Third Year BUMS Degree Supplementary Examinations October 2023

Ilaj Bit Tadbeer (Regimental Therapy)

(Common for 2015 and 2016 Scheme)

Time: 3 Hrs

Max. Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Long Essay

(2x15=30)

1. Describe exercise (Rayazath) types and benefits in detail
2. Describe Cupping (Hijama). Types, procedures and contra indications in detail

Short Essay

(8x5=40)

3. Describe health benefits of Hammam. And its types
4. Leech Therapy, which chemical compounds are present in saliva of leech.
5. Importance of Minerals (Madiniath) In our body. Write about Hypo kalemia
6. Fomentation (Takmeed) to whom is it advisable
7. Malnutrition (Naqse e Tagzia) and write about protein deficiency diseases
8. Six essential factors (Asbab e sitta zarooriya) and its regimental importance
9. Diaphoresis (Tareeq) and its benefits
10. Massage oils (Dalak Roganiyat)

Short Notes

(10x3=30)

11. What is gargle (Gargara) in which condition is it advisable
12. Retention and Evacuation (Ehtebaas Wa Istefarag)
13. Write the procedure of Cauterization (Amal e kai)
14. Aroma therapy (Shamoomath)
15. Write the indications of Infrared Therapy.
16. Dalak e Isterdaad
17. Mazmaza
18. Dalak e Layyan
19. Importance of vitamin K
20. Dietary Management of Cyanocobalamin deficiency.
