

Q P Code: 306007

Reg. No.

Third Year BUMS Degree Supplementary Examinations January 2023

Ilaj Bit Tadbeer (Regimental Therapy)

(Common for 2015 and 2016 Scheme)

Time: 3 Hrs

Max. Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Long Essay

(2x15=30)

1. Write about massage (Dalak) And its types. Describe indications and contraindications in detail
2. Describe irrigation (Nutool) and foot bath (Pashoya). Write in details of its uses, indications and benefits

Short Essay

(8x5=40)

3. What is balanced diet (Mutawazun Giza). What are the Medical Benefits of this.
4. Describe Briefly Dietary Management of Vitamin Deficiency.
5. Describe venesection (Fasad). Its indication and contra indications
6. Dalak e sulub
7. Procedure of Wet Cupping
8. What are the veins we select for vene section. write all the names
9. Zimad wa tila
10. Traction (Tahdeed) and when is it useful.

Short Notes

(10x3=30)

11. Write the external applications in Bell's Palsy.
12. What is infra-red therapy when is it advisable
13. Benefits of Dalak e Khaseer
14. Benefits of stretching exercises
15. Aerobic exercises
16. Knee continuous passive movements (Harkat e rakbi gair Mufali Tasusili)
17. Application of Ilaj Bit Tadbeer in Psoriasis (Da'aul Sadaf).
18. Ilaj bit tadbeer
19. Write the treatment of Insomnia (Sehar) according to Ilaj Bit Tadbeer.
20. Makulat O Mashroobat
