

Q P Code: 306007

Reg. No.

**Third Year BUMS Degree Regular/Supplementary Examinations
June 2022**

Ilaj Bit Tadbeer (Regimental Therapy)

(2015 Scheme)

Time: 3 Hrs

Max. Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Long Essay

(2x15=30)

1. Define Dalak write types and usage of different oils for Massage
2. Define historical background and aims and objectives of ilaj- bit-tadbeer

Short Essay

(8x5=40)

3. Enema
4. Traction
5. Write importance of Asbab-e-Sitta.Zarooriya
6. Types and benefits of Riyazat
7. Inkebab and Lakhlakha
8. Explain the dietary management in pregnancy and Lactation
9. Write the board classification of Diet
10. Write the indications and contraindications of Ihtebaas- o- Istefragh

Short Notes

(10x3=30)

11. Tahdeen
12. Define Saoot
13. Explain the dietary management in cardiovascular disease
14. Shamoon
15. Write the method of Munzij & Mushil in Falij.
16. Define Leech therapy
17. Nuks Taghzia
18. Takmeed Bil Mauj Taveela
19. Define Riyazat Katfi Dairi (Shoulder wheel exercise)
20. Write the method of Ilaj Bit Tadbeer in Waja- ul- mafasil
