

Q P Code: 306007

Reg. No.

Third Year BUMS Degree Regular/Supplementary Examinations
April 2021

Ilaj Bit Tadbeer (Regimental Therapy)

(2015 Scheme)

Time: 3 Hrs

Max. Marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers

Long Essay

(2x15=30)

1. Describe Asbab and its types and role of Asbab-e-Ghair Zarooriya in health and diseases.
2. Describe applications of Ilaj bit tadbeer in Waja-ul- Mafasil.

Short Essay

(8x5=40)

3. HarkatwoSukun-e-Badani should be included in Asbab-e-Zarooriya or Ghair Zarooriya. Prove it why.
4. Describe the benefits of Is'hal (Purgation), also write down Shara'it-e-Is'hal (conditions)
5. What are the Aqsam-e-Riyazat, name the sports with maximum Taskheen and Tahleel.
6. Write down the health benefits of Dalak.
7. Explain any two Tadabeer for Istifragh-e-Dam.
8. Describe the Aqsam-e-Ilaj (Types of treatment) in Unani Medicine and write their Importance.
9. Write the importance of Ihtibas wo Istifragh
10. Describe Tadabeer for Falij (Paralysis)

Short Notes

(10x3=30)

11. Hammam and its indications.
12. Riyazat treadmill.
13. Sharayat of Istifragh.
14. Tahdeed (Traction).
15. Lakhlakha (Inhalation).
16. Ghizae Atfaal.
17. Define Hijama and its types.
18. Define Dalk and types of Dalk indicated in low back ache.
19. Management of Waja-ul-unq (Cervical spondylosis).
20. Shamoom.
