

Q P Code: 306007

Reg. No. ....

Third Year BUMS Degree Supplementary Examinations March 2020

Ilaj Bit Tadbeer (Regimental Therapy)

(2015 Scheme)

Time: 3 Hrs

Max. Marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers

Long Essay

(2x15=30)

1. Explain the Ilaj bit Tadbeer, its historical background, aims, objective and importance
2. Describe the aims, objectives, types, procedure and therapeutic indications of Hijamah (cupping therapy)

Short Essay

(8x5=40)

3. Define Hammam (bath therapy) and its indications and contraindications
4. Describe the application of regimental therapy for cervical spondylosis
5. Explain the application of regimental therapy in insomnia
6. Explain the application of regimental therapy in obesity
7. Describe the dietary recommendation for children, adult and old age
8. Describe Takmeed (fomentation therapy)
9. Describe the Istifragh and Sharayat Istifragh
10. Explain the application of Abzan (Sitz Bath)

Short Notes

(10x3=30)

11. Define Asbab e Sitta Zarooriya in short
12. Write the indications and contraindications of Fasd (venesection)
13. Write about the shoulder wheel exercise
14. Write the indications and contraindications of Qai (Emesis)
15. Write a note on Amale Kai (Cauterization)
16. Differentiate between Gharghara (gargles) and Mazmaza (mouth wash)
17. Long wave diathermy
18. Describe the diet in diabetes mellitus
19. Define Lakhlakha (inhalation therapy)
20. Describe the procedure of Pashoya (foot bath).

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