

Q P Code: 306007

Reg. No.

**Third Year BUMS Degree Regular/Supplementary Examinations
October 2019**

**Ilaj Bit Tadbeer (Regimental Therapy)
(2015 Scheme)**

Time: 3 Hrs

Max. Marks: 100

Long Essay

(2x15=30)

1. Differentiate Ghiza from Dawa with detailed description of Ajzaa-e-Ghizaeeyah (Components of food).
2. Describe in detail why Hawa-e-Muheet is included in Asbab-e Sitta Zarooriyah and what are the Ajza-e-Tarkeebi (composition) of Hawa-e-Muheet

Short Essay

(8x5=40)

3. What is irq-un-nasa. How Ilaj Bit Tadbeer can help in its management
4. Define Ilaj Bit Tadbeer and discuss the importance of Asbab-e Sitta Zarooriyah.
5. Describe Takmeed (Fomentation) in detail.
6. Describe the importance of Sukoon-e-Badani and its role in restoration of health.
7. How will you control Shaqiqa (Migraine) by Ilaj Bit Tadbeer
8. Give detailed description of effects of Riyazat (exercise) on various systems of the body.
9. Tadbeer for pain management.
10. Ghiza-e-Hamila.

Short Notes

(10x3=30)

11. Ilaj bit Tadbeer.
12. Tadbeerillaj of Qast-ul-feqaar-ul-unqi.
13. Dalk.
14. Prepare a diet chart for Ziabetus Sukri.
15. Define Táreeq (Diaphoresis) and its contraindications.
16. Takmeed bilmaujtaveela.
17. Dietary recommendations in tuberculosis.
18. Describe Hijama
19. Riyazat Katafi Daéri.
20. Huqna.
