

Q.P. Code: 301005

Reg. No.....

**Final Professional B.S.M.S Degree Supplementary Examinations
August 2018**

Noi Anugavithi Ozhukkam

(Hygiene & Community Medicine Including National Health Policies and Statistics)

(2010 Scheme)

Time: 3hrs

Max. Marks:100

- **Answer all the questions**

Essays:

(2x10=20)

1. Describe about the ways to lead a disease free life as said by Siddhar Theraiyar.
2. Describe about the six tastes of food and its importance in siddha system of medicine.

Short Notes:

(10x5=50)

3. Prevention and control of malaria
4. Causes and symptoms of chicken pox
5. Pinpani kaalam
6. Importance of tender vegetables
7. Role of fibers in food
8. Benefits of oil bath
9. National diabetes control programme
10. Explain air pollution
11. Prophylactic methods mentioned in siddha system of medicine
12. Types of vessels and its effects on food preparation

Answer briefly:

(10x3=30)

13. Vaasthu
14. Milk products
15. Diseases due to excess sleep
16. Marutha nilam
17. Personal hygiene as per siddha system of medicine
18. Modern crematorium
19. Effect of heat stress
20. Arthropod borne diseases
21. Any three sexually transmitted diseases
22. Importance of ghee in food.
