

# 2016 Scheme

Q.P. Code: 422005

Reg. No.....

**Final Professional B.S.M.S Degree Regular/Supplementary  
Examinations September 2023  
Varmam, Puramaruthuvam and Sirappu Maruthuvam (Varmam Therapy,  
External Therapy and Special Medicine)**

Time: 3 hrs

Max. Marks:100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

**Essays:**

**(2x15=30)**

1. Write the definition of Epilepsy, Classification, Signs and symptoms, changes in the three biohumours, pulse and management of epilepsy.
2. Define Thoduvarmam. Explain about the Thoduvarmam in Lower limb.

**Short Notes:**

**(10x5=50)**

3. Explain Complications of Fracture.
4. Explain on Osteo arthritis.
5. Explain on Splinting.
6. Explain on Moorchai.
7. Skull Fracture.
8. Explain about Sthabanivarmam, KoombuVarmam, and Thivalaikaalam.
9. Explain about Flat Foot.
10. Explain on following special Karpam Serankottai, Uthamani and Elzhumichai.
11. Explain on Adangal.
12. External Therapy for Hemiplegia.

**Answer briefly:**

**(10x2=20)**

13. Green Stick Fracture.
14. Mention the Location of Veemanoli, vaalioli and Meitheendakalam.
15. Sequestrectomy.
16. Treatment of MathaNoi.
17. Varma points for Cervical Spondylosis.
18. Knock Knee.
19. Cardinal Signs of Parkinson's Disease.
20. When do we do the Pranayama.
21. Treatment for Epistaxis due to injury on Varmam.
22. Name the asanas which help to attain "YOGA SIDDHI"

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