

Q.P. Code: 412005

Reg. No.....

**Final Professional B.S.M.S Degree Supplementary Examinations
September 2022**

**Varmam, Puramaruthuvam and Sirappu Maruthuvam
(Varmam Therapy, External Therapy and Special Medicine)**

(2013 Scheme)

Time: 3 hrs

Max. Marks:100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Essays:

(2x10=20)

1. Padu Varmam, Types, Location, Signs and symptoms, Manipulating Techniques.
2. Otradam – Definition, classification, do's and don'ts, various Otradam for Musculo Skeletal diseases and Neurological disorders.

Short Notes:

(10x5=50)

3. Senkaranthai Karpam, Uthamani Karpam
4. Machasanam, Sakkrasanam
5. Management of 18 Kirigai
6. KaivishaPaithiyam.
7. Mention the name of Varmam Points, which are related to Manipuraga Aadharam
8. Kakkattai Kalam
9. Paget's disease
10. Facial Palsy – External Therapy
11. Define Fracture, Classification and healing process
12. Kalikkam

Answer briefly:

(10x3=30)

13. Niyamam – Thirumoolar concept
14. Mention the Karpam medicine – useful in hemorrhoids
15. Yoga Muppu
16. Treatment of Abasmaram
17. Symptoms of Addappa Kala varma injury
18. Murivennai
19. Kothanda Adangal
20. Podithirmirthal.
21. Investigation and complications of Rheumatoid Arthritis
22. Saram
