

**Q.P. Code: 412005**

**Reg. No.....**

**Final Professional B.S.M.S Degree Regular/Supplementary  
Examinations November 2021**

**Varmam, Puramaruthuvam and Sirappu Maruthuvam  
(Varmam Therapy, External Therapy and Special Medicine)**

**(2013 Scheme)**

**Time: 3 hrs**

**Max. Marks:100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

**Essays:**

**(2x10=20)**

1. Classification of varmam. Detail discuss about Pidari Kalam, Location, symptoms, Nazhigai, manipulation technic and treatment.
2. Describe in detail – Vighara Pitham (Depressive psychosis), Nanju Vali (Tonic Psychosis), Thimir Vali (Hysterical reaction), Mano Vali (active depression)

**Short Notes:**

**(10x5=50)**

3. Porna Chandrodaya Karpam – Thirumoolar Vaithyam
4. Principles and uses of Pranayamam
5. Maruttu Kirigari Symptoms and management
6. Moorthi Kalam
7. Ottradam
8. Osteosarcoma
9. Trigeminal Neuralgia
10. Knee joint ligament injury examination and Management
11. Varmam management for Peri Arthritic Shoulder
12. Types of Fracture.

**Answer briefly:**

**(10x3=30)**

13. Fumigation for chronic ulcer
14. Investigations for motor neuron diseases
15. Management of Osteo arthritis
16. Treatment of Kaba Biramai
17. Do's and Don'ts for Anjanam (ophthalmic applications)
18. Uniqueness of Varmam
19. Boomi Kalam
20. Kukkudasanam
21. Iyaman – Thirumoolar Concept
22. Panai ver karpam

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