

**Q.P. Code: 412005**

**Reg. No.....**

**Final Professional B.S.M.S Degree Examinations March 2018**

**Varmam, Puramaruthuvam and Sirappu Maruthuvam**

**(Varmam Therapy, External Therapy and Special Medicine)**

**(2013 Scheme)**

**Time: 3 hrs**

**Max. Marks:100**

- **Answer all the questions**
- **Draw diagrams wherever necessary**

**Essays:**

**(2x10=20)**

1. Give details about the Varma points located in the trunk and 'Ilakku muraigal'.
2. Discuss the geriatric disorders – external changes, care and management.

**Short Notes:**

**(10x5=50)**

3. Philosophy and uses of Pranayamam.
4. Explain dislocation of jaw.
5. The difference between 'Valippu' and 'Soothigavatham'.
6. Name few important medicines used in Varmam treatment.
7. The benefits of Thokkanam.
8. Principles of Yoga practice and uses of Yoga.
9. Explain any two Seeva Karpam (animal origin).
10. Explain osteomyelitis.
11. Hemiplegia.
12. Aavesa Paithiyam and Abikaasa Paithiyam.

**Answer briefly:**

**(10x3=30)**

13. What is delusion and hallucination
14. What is gonococcal arthritis
15. Define Mayakkam.
16. The location of Kannadi kaalam.
17. Flat foot
18. Scurvy
19. Steam therapy.
20. Nasiyam (nasal drops).
21. What is Muppu
22. The causes of paraplegia.

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