

QP Code: 213011

Reg. No:.....

**Second Year Post Basic B.Sc Nursing Degree Regular/Supplementary
Examinations November 2024**

Mental Health Nursing

(2016 Scheme)

Time: 3 Hours

Total Marks: 75

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Long Essay: (12)

1. Define Mental Retardation. Explain types of Mental retardation. Explain in detail about management and Rehabilitation for severe mentally challenged children (2+4+6)

Short Essays: (2x7=14)

2. Define depression. Explain management of depression (2+5)
3. Types of sleep disorders. Discuss about Delirium (2+5)

Short Notes: (5x5=25)

4. Occupational therapy
5. Types of crisis
6. Johari Window
7. Etiological factors of mental illness
8. National Mental Health Programme

Answer Briefly: (4x4=16)

9. Mental health Act in India
10. Process recording
11. Side effects of typical anti psychotics
12. Therapeutic communication techniques

Differentiate between: (2x4=8)

13. Anorexia Nervosa and Bulimia Nervosa
14. Stupor and Waxy Flexibility
