

QP CODE: 112011

Reg. No:.....

**First Year Post Basic B.Sc Nursing Degree Regular/Supplementary
Examinations October 2024**

Nutrition and Dietetics

(2016 Scheme)

Time: 2 Hours

Total Marks: 35

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Short Essays: **(3x7=21)**

1. Define food preservation. Explain the house hold methods of food preservation. (2+5)
2. Define diet therapy. Explain routine hospital diets. (2+5)
3. Explain the nutritional programmes in India and list the current nutritional problems in India (5+2)

Short notes: **(2x4=8)**

4. Pellagra.
5. Weaning.

Answer briefly: **(2x3=6)**

6. Methods of Nutrition education.
7. Guidelines available for planning a balanced diet.
