

QP CODE: 112011

Reg. No:.....

**First Year Post Basic B.Sc Nursing Degree Supplementary Examinations
February 2024**

Nutrition and Dietetics

(2016 Scheme)

Time: 2 Hours

Total Marks: 35

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Short Essays: (3x7=21)

1. Define food preservation. Explain the methods of food preservation. (2+5)
2. Explain the principles involved in planning diets for patients suffering from cirrhosis of the liver and add a therapeutic diet for a cirrhotic patient. (3+4)
3. Define balanced diet. What factors and steps can be considered for making a balanced diet.

Short notes: (2x4=8)

4. Dietary modification for obesity.
5. Role of nurse in nutrition education.

Answer briefly: (2x3=6)

6. Storage of perishable foods.
7. Mention functions of protein in our body.
