

QP CODE: 112011

Reg. No:.....

**First Year Post Basic B.Sc Nursing Degree Regular/Supplementary
Examinations November 2023**

Nutrition and Dietetics

(2016 Scheme)

Time: 2 Hours

Total Marks: 35

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Short Essays:

(3x7=21)

1. Define nutritional status. Explain the direct methods to assess nutritional status of a community / individual. (2+5)
2. Explain the digestion, absorption, transport and metabolism of carbohydrates. (3+1+1+2)
3. Explain protein energy malnutrition and add the dietary modifications in kwashiorkor and marasmus. (5+2)

Short notes:

(2x4=8)

4. Write about selection of cheap and nutritious foods.
5. Explain the psychology of infant and child feeding.

Answer briefly:

(2x3=6)

6. Discuss the Nutritional need for a pregnant and lactating mother.
7. Balanced diet.
