

QP CODE: 112011

Reg. No:.....

**First Year Post Basic B.Sc Nursing Degree Supplementary Examinations  
May 2023**

**Nutrition and Dietetics**

**(2016 Scheme)**

**Time: 2 Hours**

**Total Marks: 35**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

**Short Essays:**

**(3x7=21)**

1. Discuss weaning under following headings.
  - a) Need for introducing weaning food for an infant.
  - b) Factors to be considered while introducing weaning.
  - c) Method of preparing one low cost weaning foods. (2+3+2)
2. Define diet therapy. Explain types of therapeutic diet (2+5)
3. Write about the importance of assessing nutritional status in a community and various method of assessing nutritional status in a community. (2+5)

**Short notes:**

**(2x4=8)**

4. Protein energy malnutrition.
5. Substitutes for non – vegetarian food.

**Answer briefly:**

**(2x3=6)**

6. Nutritional care of pregnant women.
7. Nutritional problems in India.

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