

QP CODE: 112011

Reg. No:.....

**First Year Post Basic B.Sc Nursing Degree Supplementary Examinations
January 2022**

Nutrition and Dietetics

(2016 Scheme)

Time: 2 Hours

Total Marks: 35

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Short Essays:

(3x7=21)

1. Write on macro and micro nutrients.
2. Give the nutritional needs and factors to be considered in planning diets for preschool child.
3. Discuss the deficiency state of malnutrition under these headings: definition, causes, prevention

Short notes:

(2x4=8)

4. Write the dietary principles for overweight and underweight.
5. Explain the importance of nutrition during adolescence.

Answer briefly:

(2x3=6)

6. Discuss on low cost nutritious foods.
7. Explain the need for weaning
