

# 2010 Scheme

QP CODE: 102011

Reg. No:.....

## First Year Post Basic B.Sc Nursing Degree Supplementary Examinations January 2022

### Nutrition & Dietetics

Time: 2 Hours

Total Marks: 35

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary • Write only in 32 Pages Answer Books*

**Essay:** (10)

1. What is weaning. List the principles of weaning. Explain the schedule for introducing weaning foods with appropriate example.

**Short Notes:** (5x3=15)

2. Methods of food preservation
3. Integrated Child Development Scheme (ICDS)
4. Various methods of cooking
5. Explain the dietary management in diabetes mellitus
6. Diet in pregnancy

**Answer briefly:** (5x2=10)

7. Role of nurse in nutrition education
8. Functions of proteins
9. Vitamin A deficiency
10. List the sources of calcium
11. National iodine deficiency disorder control program (NIDDCP)

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