

2010 Scheme

QP CODE: 102011

Reg. No:.....

First Year Post Basic B.Sc Nursing Degree Supplementary Examinations April (November), 2020

Nutrition & Dietetics

Time: 2 Hours

Total Marks: 35

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary • Write only in 32 Pages Answer Books*

Essay: (10)

1. Elaborate on the principles of planning a balanced diet. Discuss the factors and guidelines that need to be considered for planning the same.

Short Notes: (5x3=15)

2. Routine hospital diets
3. Role of school lunch programme in India
4. Importance of nutrition in adolescence
5. Assessment of nutritional status
6. Dietary management in chronic renal failure

Answer briefly: (5x2=10)

7. Weaning
8. Scurvy
9. Food hygiene
10. Role of vitamin E in the human body
11. Advantages of breast feeding
