

QP CODE: 112011

Reg. No:.....

First Year Post Basic B.Sc Nursing Degree Examinations October 2018

Nutrition and Dietetics

(2016 Scheme)

Time: 2 Hours

Total Marks: 35

- **Answer all questions**
- **Draw diagram wherever necessary**

Short Essays:

(3x7=21)

1. What are the types of therapeutic diet
2. Discuss the nutritional requirements for a premature infant
3. Explain the nutrition education and its methods

Short notes:

(2x4=8)

4. List the various national programmes related to nutrition
5. Methods of assessing nutritional status of individuals

Answer briefly:

(2x3=6)

6. Discuss the factors to be considered while feeding a sick child
7. Explain guidelines of balanced diet
