

QP CODE: 102011

Reg.No:.....

**First Year Post Basic B.Sc Nursing Supplementary Examinations
April 2018**

NUTRITION & DIETETICS

(2010 Scheme)

Time: 2 Hours

Total Marks: 35

- Answer all questions
- Draw diagrams wherever necessary
- Write only in 32 Pages answer books

Essay: (10)

1. Explain the methods of cooking in detail.

Short notes: (5x3=15)

2. properties of fats
3. Factors affecting BMR
4. Canning
5. Principles of menu planning
6. Iodine deficiency disorder

Answer briefly: (5x2=10)

7. List out the sources of iron
8. Give the dietary management for an ulcer patient
9. Classification of proteins
10. Define BMR
11. What is meant by weaning
