

**QP CODE: 102011**

**Reg.No:.....**

First Year Post Basic B.Sc Nursing Supplementary Examinations April 2017

**NUTRITION & DIETETICS**

**Time: 2 Hours**

**Total Marks: 35**

- Answer all questions
- Draw diagrams wherever necessary
- Write only in 32 Pages answer books

**Essay: (10)**

1. Discuss the current nutritional problems and national programs in nutrition (4+6=10)

**Short notes: (5x3=15)**

2. Need for school lunch program in India
3. Nutritional requirement for a normal infant
4. Methods of assessing the nutritional status of an individual
5. Diet in renal disorders
6. Need for nutrition education

**Answer briefly: (5x2=10)**

7. Complications of over weight
8. Sources of iron in diet
9. Malnutrition
10. Substitutes of non-vegetarian food
11. Deficiency diseases of vitamin C

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