

QP CODE: 102011

Reg.No:.....

First Year Post Basic B.Sc Nursing Examinations- November 2015

NUTRITION & DIETETICS

Time: 2 Hours

Total Marks: 35

- Answer all questions
- Draw diagrams wherever necessary
- Write only 32 Pages answer books

Essay: (10)

1. Define balanced diet. Discuss the factors to be considered while planning a balanced diet. (2+8=10)

Short notes: (5x3=15)

2. Diet in diabetes mellitus.
3. Functions of fat in diet.
4. Clinical features of iron deficiency anemia.
5. Nutritional needs in adolescence.
6. Complications of obesity.

Answer briefly: (5x2=10)

7. Therapeutic diet.
8. Essential amino acids.
9. Food hygiene.
10. Clinical features of hyper vitaminosis D.
11. Lactose intolerance.
