

QP CODE: 102011

Reg.No:.....

First Year Post Basic B.Sc Nursing Examinations-October 2014

NUTRITION & DIETETICS

Time: 2 Hours

Total Marks: 35

- Answer all questions
- Draw diagrams wherever necessary

Essay: (10)

1. Explain the different methods of assessing nutritional status of an individual.
What are the current nutritional problems. Mention the names of national nutrition programme (6+2+2=10)

Short notes: (5x3=15)

2. Diet in renal disorders
3. Sources and deficiency of vitamin D.
4. Nutritional needs of a two year old child
5. Need for community nutrition programme.
6. RDA and functions of proteins.

Answer briefly: (5x2=10)

7. Factors involved in planning low cost nutritious diet
8. Methods of cooking and cookery rules
9. Need for school lunch programme in India
10. Deficiency and sources of vitamin B 12 and folic acid
11. Requirement and functions of iodine.
