

**Q.P. Code: 212355**

**Reg. No.:.....**

**Second Year M.Sc Nursing Degree Regular/Supplementary  
Examinations January 2024**

**Clinical Specialty II – Mental Health (Psychiatric) Nursing  
(2016 Scheme)**

**Time: 3 hrs**

**Max Marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

**Long Essays:**

1. (a) Discuss the nurse's role in preventive psychiatry with the help of public health model.  
(b) Quality assurance in psychiatric nursing. (10+10)
2. Discuss the etiological theories of adjustment disorders. Explain the management of a client with adjustment disorder. (5+10)

**Short Essays:**

**(4x10=40)**

3. Explain the levels and strategies of crisis intervention.
4. Discuss the treatment and nursing management of a patient with anorexia nervosa.
5. Discuss the clinical manifestations and nursing management of a child with mental retardation.
6. Discuss the warning signs of abuse in children and adolescents. Explain the nursing management of a child admitted with physical abuse.

**Short Notes:**

**(5x5=25)**

7. Principles of psychiatric rehabilitations.
8. Nursing management of a client admitted with attempted suicide.
9. Counselling of clients with HIV / AIDS.
10. Hypochondriasis.
11. Sexual dysfunctions.

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