

**Q.P. Code: 212355**

**Reg. No.:.....**

**Second Year M.Sc Nursing Degree Regular/Supplementary  
Examinations September 2021**

**Clinical Specialty II – Mental Health (Psychiatric) Nursing  
(2016 Scheme)**

**Time: 3 hrs**

**Max Marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

**Long Essays:**

1. Differentiate between anorexia nervosa and bulimia nervosa. Explain the medical and nursing management of a client with bulimia nervosa. (10+10)
2. Briefly classify the types of sleep disorders. Explain the nursing management of a client with sleep disorders. (15)

**Short Essays:**

**(4x10=40)**

3. National mental health programme.
4. Administration and management of a psychiatric unit.
5. Conversion disorder.
6. Premarital counselling.

**Short Notes:**

**(5x5=25)**

7. Encopresis.
8. Sexual disorders.
9. Psychological problems related to menopause.
10. Adaptive and maladaptive response to grief.
11. Child abuse.

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