

**Q.P. Code: 115355**

**Reg. No.:.....**

**First Year M.Sc Nursing Degree Regular/Supplementary Examinations  
January 2023**

**Clinical Specialty – I  
Mental Health (Psychiatric) Nursing – 1  
(2016 Scheme)**

**Time: 3 hrs**

**Max Marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

**Long Essays:**

1. Explain the classification of psychotropic drugs and explain the role of a nurse in psychopharmacological therapy (10+10)
2. Discuss the cognitive development theory of personality and explain the relevance of it in psychiatric nursing practice (12+3)

**Short Essays:**

**(4x10=40)**

3. Explain the critical pathways of care in psychiatric nursing
4. Discuss the psychopathology associated with obsessive-compulsive disorders
5. Describe catatonic schizophrenia
6. Explain the nursing management of a client with the alcohol withdrawal syndrome

**Short Notes:**

**(5x5=25)**

7. Mental health-mental illness continuum
8. Neurotransmitter's role in the development of mental illness
9. Techniques of therapeutic communication
10. Psychological adaptation to stress
11. ICD classification of mental illness

\*\*\*\*\*