

2010 Scheme

Q.P. CODE: 303010

Reg. No:

Third Year B.Sc Nursing Degree Supplementary Examinations January 2024

Mental Health Nursing

Time: 3 Hrs

Max. Marks: 75

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers
- Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Draw diagrams wherever necessary

Essays

(2x15=30)

1. Define therapeutic nurse-patient relationship. Explain therapeutic communication techniques. Describe in detail about phases of therapeutic nurse-patient relationship
2. List the types of affective disorders. Explain the signs and symptoms of hypomania. Prepare a nursing care plan for a patient with hypomania. (2+5+8)

Short Notes

(5x5=25)

3. Nursing management for aggressive behaviour patient.
4. List etiological factors of childhood autism and explain the clinical features of autism.
5. Explain about prevention of mental retardation.
6. Explain the indications and contra indications for ECT
7. Explain the rehabilitative services available for mentally ill patients in India.

Give reasons for the following

(5x2=10)

8. Following application of restraints observe patient every 15 minutes
9. Dementia is more prevalent in elderly population than in the middle age population
10. There is high prevalence of anorexia nervosa among female students and occupational group
11. Provide high protein high caloric nutritious foods that can be consumed 'on the run', for manic patients.
12. Use same nursing staff for caring paranoid patients as far as possible.

Differentiate between

(5x2=10)

13. Rapport and Resistance
14. Delusion and Hallucination
15. Cyclothymia and Dysthymia
16. Neurosis and Psychosis
17. Enuresis and Encopresis
