

# 2010 Scheme

**Q.P. CODE: 303010**

**Reg. No: .....**

**Third Year B.Sc Nursing Degree Supplementary Examinations May 2022**

## **Mental Health Nursing**

**Time: 3 Hrs**

**Max. Marks: 75**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers*
- *Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

### **Essays**

**(2x15=30)**

1. Define nurse-patient therapeutic relationship. Enlist goals, phases and tasks in therapeutic techniques. Describe in detail Johari window. (2+6+7)
2. Classify schizophrenia. Explain treatment modalities of catatonic schizophrenia. Discuss in detail home care and rehabilitation of an individual suffering with chronic schizophrenia. (4+4+7)

### **Short Notes**

**(5x5=25)**

3. Mental health team
4. Psychosocial model of Erikson
5. Purpose of mental status examination
6. Family therapy
7. Puerperium psychosis

### **Give reasons for the following**

**(5x2=10)**

8. Maintaining good rapport is essential while taking care of patients with mental illness
9. Process recording is a purposeful communication.
10. Nurse must check blood report of lithium therapy patient
11. Nurse must remember human rights before restraining an aggressive patient.
12. Nurse should listen a patient when he/she is explained a suicide plan.

### **Differentiate between**

**(5x2=10)**

13. Adaptive and maladaptive behaviour
14. Crisis and coping
15. Habits and impulses
16. Enuresis and encopresis
17. Narcotics and psychotropic substances

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