

**Q.P. CODE: 303010**

**Reg. No: .....**

**Third Year B.Sc Nursing Degree Supplementary Examinations, – May 2016**

**Mental Health Nursing**

**Time: 3 Hrs**

**Max. Marks: 75**

- Answer all questions
- Draw diagram wherever necessary

**Essays**

**(2×15=30)**

1. Explain the etiological factors related to depression. List the names of any six antidepressants. Write the nurse's responsibilities while taking care of a patient who is on antidepressant. (6+3+6=15)
2. Define psychiatric nursing. List the standards of psychiatric-mental health nursing. Explain the principles of psychiatric nursing with relevant clinical examples. (2+5+8=15)

**Short Notes**

**(5×5=25)**

3. Purposes of history taking in psychiatry
4. Phases of therapeutic nurse-patient relationship
5. Clinical features of paranoid schizophrenia
6. Side effects of typical antipsychotics
7. Nursing management of a patient with alzheimer's disease.

**Give reasons for the following**

**(5×2=10)**

8. Patient need to be kept fasting before ECT
9. Depression is more among females
10. Anxiolytics are given usually at bedtime
11. Patient on antipsychotic is advised to rise slowly from the supine position
12. Excessive sweating may cause lithium toxicity.

**Differentiate between**

**(5×2=10)**

13. Insomnia and hypersomnia
14. Direct and modified ECT
15. Enuresis and encopresis
16. Halfway home and quarter way home
17. Psychosis and neurosis

\*\*\*\*\*