

**Q.P. CODE: 303010**

**Reg. No: .....**

**Third Year B.Sc Nursing Degree Examinations, October 2015**

**Mental Health Nursing**

**Time: 3 Hrs**

**Max. Marks: 75**

- Answer all questions
- Draw diagram wherever necessary

**Essays**

**(2×15=30)**

1. Define psychotherapy. List the types of psychotherapy. Discuss various techniques used in psychotherapy (2+5+8)
2. Explain aetiology of depression. Describe clinical features of depression. Outline the nursing management for a patient with depression. (4+5+6)

**Short Notes**

**(5×5=25)**

3. Explain the role of a nurse in ECT
4. Discuss the scope and nature of mental health nursing
5. Discuss concepts of normal and abnormal behaviour
6. Describe the phases of nurse-patient relationship
7. Half-way home.

**Give reasons for the following**

**(5×2=10)**

8. Meeting the nutritional needs is a priority in both mania and depression.
9. A patient who is on lithium should immediately notify the physician in case of diarrhoea and vomiting.
10. Smoking should be strictly prohibited in ECT room
11. Rationalisation is a defence mechanism in alcoholism.
12. Antipsychotics are administered with antiparkinsonian agents

**Differentiate between**

**(5×2=10)**

13. Dementia and delirium
14. Epileptic and hysterical fit
15. Mood and affect
16. Anorexia nervosa and bulimia nervosa
17. Insomnia and somnambulism

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