

**First Year B.Sc Nursing Degree Supplementary Examinations  
October 2018**

**Nursing Foundations  
(2010 Scheme)**

**Time: 3 Hours**

**Total Marks: 100**

- **Answer all questions**

**Essays: (2x10=20)**

1. Define profession. Explain nursing as a profession. Describe the values in professional nursing. (1+4+5)
2. Define 'communication'. Describe the elements of communication. Explain the factors influencing communication (1+4+5)

**Short notes: (10x5=50)**

3. Cardiopulmonary resuscitation
4. Dimensions of health
5. Phases of helping relationship
6. Guidelines for measuring vital signs
7. Nurses' responsibility in storage and maintenance of drugs
8. Sleep disorders
9. Methods of oxygen delivery
10. Prevention of infection in patients with urinary catheters
11. Sites for temperature measurement
12. Complications of intravenous therapy

**Differentiate between the following: (5x3=15)**

13. Standard precautions and isolation precautions
14. Disease centered approach and patient centered approach
15. change of shift report and incident reportt
16. Goals and expected outcomes
17. Drug tolerance and drug interaction

**List the following: (5x3=15)**

18. Six complication of enteral feeding
19. Six factors influencing efficacy of sterilisation
20. Six effects of exercise
21. Six purposes of admission procedure
22. Six qualities of a first aider