

Q.P. CODE: 622010

Reg. No:

**Sixth Semester B.Sc Nursing Degree Regular/Supplementary Examinations
November 2025**

Mental Health Nursing - I & II

Time: 3 Hrs

Max. Marks: 75

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers*
- *Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

1. Multiple Choice Questions

(12x1=12)

(Choose the most appropriate answer from the options given)

The responses for MCQ questions (Q.No. i to Q.No. xii) shall be written continuously on the first two writing sheets (ie Page No. 3 & 4) only

- An important characteristic of a mentally healthy person is
 - Emotional blunt
 - Apathy
 - Ability to adjust with others
 - Feeling of lonely
- Interpersonal theory applicable to nursing process is proposed by
 - Sigmund Freud
 - Hildegard Peplau
 - Piaget
 - Florence Nightingale
- Which one of the following tool is used by the nurses to assess patient's cognition level
 - Beck Depression inventory
 - Mental status examination
 - Thematic appreciation test
 - Rosach inkblot test
- After a successful presentations Mr. X felt calm and relaxed, stopped sweating, and felt hungry. Which part of his nervous system was activated
 - Sympathetic
 - Parasympathetic
 - Somatic
 - Autonomic
- Which of the following is a non- therapeutic communication technique
 - Judgemental attitude
 - Silence
 - Focusing
 - Informing
- Patient on MAOI drug should avoid taking food which contain ----- to prevent hypertensive crisis
 - Thiamine
 - Tyramine
 - Tyrosine
 - Thyroxine
- Delusion of grandiosity occur in which of the following disorder
 - Manic episode
 - Depression
 - Anxiety
 - Panic attack
- Following are the symptoms of anxiety, **EXCEPT**
 - Palpitations
 - Gastric discomfort
 - Frequency of urination
 - Brady cardia
- Korsakoff's syndrome occurs in the deficiency of
 - Thiamine
 - Riboflavin
 - Biotin
 - Vitamin B₁₂
- An acute organic psychiatric disorder is
 - Dementia
 - Delirium
 - Psychosis
 - Seizure

(PTO)

- xi. Schneider's first rank symptoms of Schizophrenia (SFRS)
 - a) Social crisis
 - b) Situational crisis
 - c) Maturational crisis
 - d) Adventitious crisis
- xii. All the following are nursing malpractice, **EXCEPT**
 - a) Breach of confidentiality
 - b) Failure to report abuse
 - c) Failure to obtain informed consent
 - d) Protection of patient's rights

Essays

(2x15=30)

- 2. A 35-year-old teacher reports sadness, crying spell, suicidal wishes and difficulty in sleeping, fatigue for past 3 weeks
 - a) Define depression
 - b) Enlist the clinical features of depression
 - c) Discuss any three nursing diagnosis with interventions for treatment
- 3. a) List common psychiatric emergencies
- b) Discuss causes and types of suicide
- c) Explain role of nurse in crisis intervention

(2+5+8)

(3+4+8)

Short notes

(5x5=25)

- 4. Components of Mental Status Examination
- 5. Extra Pyramidal Symptoms
- 6. Stages of Mood
- 7. Therapeutic impasses
- 8. Half -way Homes

Differentiate between

(4x2=8)

- 9. Mood and Affect
- 10. Delirium and Depression
- 11. Anhedonia and Avolition
- 12. Suicidal Ideation and Suicidal intent

CORRECTION / NO-CORRECTION FILE
--

QPCODE: 622010

Dated: 17-11-2025

Question No. 1(iii)

Modified as "Which one of the following tool is used by the nurses to assess patient's cognition level

a) Beck anxiety inventory b) Mini mental status examination c) Psychiatric symptom checklist d) Eysenck personality inventory ."

Question No.1(iv)

Corrected as "After a successful presentation Mr. X felt calm and relaxed, stopped sweating, and felt hungry. Which part of his nervous system was activated

**a) Sympathetic b) Parasympathetic
c) Somatic d) Autonomic ."**

Question No.1(xi)

Modified as "Schneider's first rank symptoms of Schizophrenia (SFRS)

**a) Autistic thinking b) Thought withdrawal
c) Ambivalence d) Anehedonia ."**

Question No.10

Corrected as "Delirium and Depression."

Corrections/Modifications/Replacement of Questions if any shall be made available to all students. Take the print out of the Correction File in such cases and distribute to all students.

(Sd/-)

CONTROLLER OF EXAMINATIONS