

Q.P. CODE: 622010

Reg. No:

Sixth Semester B.Sc Nursing Degree Regular Examinations February 2025
Mental Health Nursing - I & II

Time: 3 Hrs

Max. Marks: 75

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers*
- *Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

1. Multiple Choice Questions

(12x1=12)

(Choose the most appropriate answer from the options given)

The Answers to MCQ questions (Q.No. i to Q.No. xii) shall be written continuously on the first two writing sheets (ie Page No. 3 & 4) only

- Electroconvulsive therapy is most effective for clients with:
 - Depression with suicidal risk
 - Obsessive compulsive disorder
 - Alcohol dependence syndrome
 - Personality disorder
- The defense mechanism in which instinctual energies are redirected into socially acceptable ways is called as:
 - Repression
 - Sublimation
 - Regression
 - Projection
- Exposing the client to phobic object in a non-graded manner, where escape is made impossible is termed as:
 - Chaining
 - Modeling
 - Flooding
 - Extinction
- Very severe elevation of mood is termed as
 - Exaltation
 - Elation
 - Euphoria
 - Ecstasy
- The therapeutic level of Tab. Lithium Carbonate is
 - 0.6 to 1 mEq/lit
 - 0.6 to 1.2 mEq/lit
 - 0.6 to 2 mEq/lit
 - 0.6 to 2.5 mEq/lit
- The drug given to treat Acute Dystonia is
 - Inj. Diazepam
 - Inj. Lorazepam
 - Inj. Phenargan
 - Inj. Atropine
- Sundowner syndrome that is seen in patients with dementia is best understood as
 - Restlessness and confusion worsening in the evening
 - Unconscious filling up of memory gaps
 - Attempts to compensate stereotyped activities
 - Memory impairment seen in the morning
- When caring for patients under physical restraint, the nurse should:
 - Perform passive range of motion exercise every 4 hourly
 - Increase the sensory stimuli
 - Leave the patient unattended for 2 hours
 - Observe numbness and cyanosis over the extremities
- Repeated change of physicians /doctor shopping is common among patients with :
 - Hypochondriasis
 - Post Traumatic Stress Disorder
 - Phobic disorder
 - Depressive Neurosis

(PTO)

- x. Patient believes that there is a computer in his stomach that controls his bowel movements, this symptom is an example of
 - a) Ideas of reference
 - b) Somatic delusion
 - c) Delusion of grandeur
 - d) Somatic Hallucination
- xi. Among the following diagnosis, which has the typical symptom of early morning awakening
 - a) Mania
 - b) Depression
 - c) Schizophrenia
 - d) Cyclothymia
- xii. The characteristic clinical features of attention deficit hyperactivity disorder is
 - a) Poor attention span, hyperactivity, motor tics
 - b) Hyperactivity, vocal tics, obsessions and compulsions
 - c) Impulsivity, hyperactivity, poor attention span with distractibility.
 - d) Physical violence, fire setting, assaulting

Short notes (5x5=25)

Differentiate between (4x2=8)
