

QP CODE: 139003

Reg. No.

**First Professional BAMS Degree Supplementary Examinations
January 2024**

**Samhita Adhyayan – 1 (AyUG –SA1)
(2021 Scheme)**

Time: 3 Hours

Total marks:100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Draw diagrams wherever necessary

1. Multiple Choice Questions

(20x1=20)

The Answers to MCQ questions (Q.No. i to Q.No. xx) shall be written continuously on the first two writing sheets (ie Page No. 3 & 4) only

- The name of 14th chapter of Ashtanga Hrudaya Sutrasthana is called (Desirable to know)
 - Doshopakramaneeya
 - Dvividhopakramaneeya
 - Doshabhediya adhyaya
 - Rasbhediya adhyaya
- Which of the following Anjana should be used everyday
 - Sauveeranjana
 - Sroto-anjana
 - Both the above
 - Rasanjana
- Which Rasa should be consumed in Greeshma Rtu
 - Madhura
 - Amla
 - Kashaya
 - Tikta
- Avapeedaka Ghrita paana is indicated in which vega rodha
 - Mutra
 - Purisha
 - Both
 - None
- Treatment for Rasa shesha ajeerna is
 - Shayana
 - Swedana
 - Vamana
 - Langhana
- Guru and Laghu are
 - Vimshati Guna
 - Ashtavidha Veerya
 - Paradi Guna
 - Both a and b
- Shatpadapipeelika ishtatama is
 - Madhura
 - Amla
 - Lavana
 - None
- Timira darshana is seen in
 - Majja vrudhi
 - Majja kshaya
 - Asthi kshaya
 - Rasa kshaya
- Alpa nidrata is the lakshana of
 - Pitta karma
 - Pitta vrudhi lakshana
 - Pitta kshaya lakshana
 - Vata and Pitta vrudhi lakshana
- In which maasa does one should undergo Vamana
 - Shravana
 - Kartika
 - Chaitra
 - Ashadha
- Which of the following is the correct sequence of chapters in Astanga Hrudaya
 - Doshabhediya, Doshadi Vijnaneya, Doshopakramaniya
 - Doshadi Vijnaneya, Doshopakramaniya, Doshabhediya
 - Doshopakramaniya, Doshabhediya, Doshadi vijnaneeya
 - Doshadi Vijnaneeya, Doshabhediya, Doshopakramaniya

(PTO)

- xii. Which of the following is not a mulini dravya
- a) Bimbi b) Jyotishmati c) Trapusha d) Shanapushpi
- xiii. Chikitsa chatushpada is said to have how many qualities
- a) 10 b) 16 c) 8 d) 20
- xiv. Statement 1; During shishira & Hemanta, the Bala is Uttama.
Statement 2: During Vasanta & Sharath Bala is Alpa
- a) Both statements 1 & 2 are correct.
b) Both statements 1 & 2 are wrong.
c) Statement 1 is correct. Statement 2 is wrong.
d) Statement 2 is correct. Statement 1 is wrong.
- xv. Without adding which Dravya, Dadhi should not be taken.
- a) Ghruta- Amalaki b) Sharkara-Madhu
c) Mudga Yoosha d) All
- xvi. In which context following simile is given – Gajam Simha Iva Aakarshan.
- a) Vyayama b) Snana c) Pada Prakshana d) Harsha
- xvii. Which Karma should not be done during Sandhya Kala
- a) Bhojana b) Adhyayana c) Swapna d) All
- xviii. Shastra, Kshaara, Agni karma are prescribed for the treatment of which Dhatu vridhi
- a) Mamsa b) Meda c) Asthi d) Majja
- xix. The reason for the importance of Vaidya.
- a) Yokta b) Vidhata c) Shasita d) All the above.
- xx. What is Madhyama Roga marga
- a) Shakha b) Marmasthi Sandhi
c) Koshta d) Maha Srotas

Short Answer Questions

(8x5=40)

2. Describe Indriya panchakas
3. Explain Vyayama according to Ashtanga Hridaya.
4. Explain the regimen of Vasanta Rutu according to Charaka Samhita
5. Explain the Karmas of Vata according to Vatakalakaliya adhyaya
6. Explain the Gunas of three Doshas and their treatment as told in Charaka Samhita. Sutra Sthana.Chapter-1.,
7. Explain the symptoms and treatment of Mutra vega dharana according to Ashtanga Hridaya
8. Narrate Significance of Nidra according to Ashtanga Hridaya
9. Explain Sthana and Karma of five types of Kapha

Long Answer Questions

(4x10=40)

10. Explain the Sadhyasadyata of Vyadhi according to Mahachatushpada adhyaya
11. Enlist Ashta trika, describe Trayopasthambha and its importance in maintenance of health
12. Describe the Kshaya Lakshanas of sapta dhatus.
13. Write the summary of Rasabhedhiya Adhyaya.
