

First Professional BAMS Degree Regular Examinations July 2023
Samhita Adhyayan – 1 (AyUG –SA1)
(2021 Scheme)

Time: 3 Hours

Total marks:100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Draw diagrams wherever necessary

1. Multiple Choice Questions**(20x1=20)**

The Answers to MCQ questions (Q.No. i to Q.No. xx) shall be written continuously on the first two writing sheets (ie Page No. 3 & 4) only

- i. Dosh Saamyam is termed as;
 - a) Rog
 - b) Arogata
 - c) Aama
 - d) Vikara
- ii. Ajeerna is NOT a contraindication for
 - a) Tambula sevana
 - b) Abhyanga
 - c) Vyayama
 - d) Snana
- iii. Visarga kaala contains following rutus;
 - a) Varsha, Sharad, Hemanta
 - b) Shishira, Vasanta, Greeshma
 - c) Sharad, Hemanta, Shishira
 - d) Greeshma, Varsha, Sharad
- iv. Pindikodveshta is the result of which vega dharana
 - a) Kshavathu
 - b) Mootra
 - c) Jrumbha
 - d) Shakruth
- v. Heena matra of ahara leads to which roga
 - a) Vata
 - b) Pitta
 - c) Kapha
 - d) Tridosha
- vi. Dravya does Karma by the virtue of;
 - a) Rasa
 - b) Virya
 - c) Prabhava
 - d) All the above
- vii. Generally Amla rasa does Pitta janana, EXCEPT for -
 - a) Amlavetasa
 - b) Chinchha
 - c) Dadima
 - d) Amra
- viii. Avashtambha is the function of;
 - a) Pureesha
 - b) Mutra
 - c) Sweda
 - d) Kapha
- ix. Prayatna is the function of;
 - a) Samana vata
 - b) Prana vata
 - c) Vyana vata
 - d) Udana vata
- x. What is the reason for dosha to move from Shakha to koshta
 - a) Vyayama
 - b) Vayu nigraha
 - c) Drutatva of maruta
 - d) Ahita acharana
- xi. Indication for Brimhana includes;
 - a) Kushta
 - b) Kshataksheena
 - c) Visarpa
 - d) Vidradhi
- xii. Hrasahetu is;
 - a) Samanya
 - b) Vishesha
 - c) Samavaya
 - d) Guna

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- xiii. Ahara matra is measurable through;
 a) Prakruthi b) Koshttha c) Agnibala d) Saatmya
- xiv. The end of Aadana kaala has;
 a) Dourbalya b) Madhya bala c) Shreshta bala d) Sama bala
- xv. Mala samkshaya should be understood by;
 a) Guruta b) Laaghava c) Mala sanga d) None of the above
- xvi. Shabda, Sparsha, Roopa, Rasa and Gandha are;
 a) Panchendriya b) Panchendriya dravya
 c) Panchendriya adhishtana d) Panchendriya artha.
- xvii. Vaidyavritti includes;
 a) Chaturvidha shastra jnana b) Vitarka
 c) Maitri d) Smriti
- xviii. In the classification of vyaadhi based on Sadhya-asadhyata, (Pratyaakhyeya) is;
 a) Tridoshaja b) Vaata c) Saadhya d) Asaadhya
- xix. Samyoga of Mathya, Manthana and Manthaana for Agni is an example for;
 a) Aptopadesha b) Pratyaksha c) Anumana d) Yukti
- xx. "Kshepta bahirmalaanaam" is a function of;
 a) Vata b) Pitta c) Kapha d) Tridosha

Short Answer Questions

(8x5=40)

2. Describe the shodasha guna of Paadachatushtayam and write the importance of Bhishak as per Charaka Samhita.
3. Describe Vyayama with effects of Ati-vyayama as per Ashtanga hridayam.
4. Discuss Varsha ritucharya as per Charaka Samhita.
5. Discuss Ojas with its Vruddhi and Kshaya lakshana as per Ashtanga Hridaya.
6. Discuss Trividha Hetu sangraha as per Charaka Samhita.
7. Narrate Shimbi dhanya varga and write their characteristics as per Ashtanga hridaya.
8. Describe Rasa, guna, virya, vipaka and prabhava as per Ashtanga hridaya.
9. Define Pratyaksha and Anumana with examples.

Long Answer Questions

(4x10=40)

10. Discuss Saadhyaasadhyata of Vyadhi as per Ashtanga hridaya.
11. Discuss about Dhoomapana vidhi as per Matrashiteeya adhyaya of Charaka Samhita.
12. Discuss the logic behind Chaya, Prakopa and prashama of tridosha as per Dosha bhediya adhyaya of Ashtanga hridaya.
13. Describe Adharaneeya vega and discuss about Chardi, Nidra and Bashpa vegadharana with their Chikitsa as per Charaka Samhita.
