

QP CODE: 106003

Register No.

**First Professional B.A.M.S (Part II) Degree Supplementary Examinations,
February 2015**

ASHTANGA HRIDAYAM

Time: 3hours

Total Marks: 100

- Answer all questions
- Draw diagrams wherever necessary

Essays

(2x10=20)

1. Explain how kala(काल), artha(अर्थ) and karma(कर्म) cause diseases (1+3+3+3=10)
2. Describe briefly tridoshas (त्रिदोष) and saptha dhatus (सप्त धातु). Explain the relationship between them and the principle of treatment (3+3+2+2=10)

Short notes

(10x5= 50)

3. Describe trividha desa (त्रिविध देश).
4. Narrate the properties of pancamahabhutas (पञ्चमहा भूत).
5. Describe the factors influencing the chaya prakopa and prasama (चय प्रकोप प्रशम) of tridoshas (त्रिदोष).
6. Explain kaphopakrama (कफोपक्रम).
7. Define sodhana and samana chikitsa(शोधन & शमन चिकित्स) and their divisions.
8. Enumerate panchapittas (पञ्च पित्त) and explain pachaka pitta (पाचक पित्त).
9. Describe the symptoms of suppression of urge to sneeze (क्षुते: वेग धारण) and mention the treatment.
10. Enumerate the roga margas (रोग मार्ग) and explain madhyama roga marga (मध्यम रोग मार्ग).
11. List the gunas of abhyanga (अभ्यङ्ग) and its contraindications.
12. Describe padachatushtaya (पादचतुष्टय).

Answer briefly

(10x3= 30)

13. Explain vipaka (विपाक).
14. The best sneha dravyas (स्नेहन द्रव्य) and explain the reason
15. Merits of nasya (नस्य).
16. Define yantra (यन्त्र) and its uses.
17. Karana and lakshana (कारण & लक्षण) of ojakshaya (ओजक्षय).
18. Name the drugs of trikatu and triphala (त्रिकटु & त्रिफल).
19. Paramoushadha (परमौषध) of tridoshas.
20. Benefits of anupana (अनुपान).
21. Mamsa varga (माम्स वर्ग) with examples.
22. Properties of milk (क्षीरम)
