

**Q.P. Code: 102257**

**Reg. No.:.....**

**PG Ayurveda Preliminary Supplementary Examinations October 2025**

**(Swasthavritta)**

**Paper II – Preventive, Social Medicine and Yoga**

**(2016 scheme)**

**Time: 3 hrs**

**Max marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

**Essay**

**(20)**

1. Write about principles of health education and its role in maintenance of health.

**Short Essays**

**(8x10=80)**

2. Write the role of Yoga in sports medicine.
3. Explain the references of Yoga in Ayurvedic classics.
4. Explain the newer threats of plastics and e-wastes to the environment and how it can be prevented.
5. Explain family planning methods and its importance.
6. Write concepts of Bala and Ojus in Ayurved. How it is related with Vyadhikshamatwa.
7. Explain the importance of ratricharya in health promotion. What is its role in circadian rhythm.
8. Scope of Rasayana in reproductive and child health care.
9. Write about principles of epidemiology and its application.

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