

Q.P. Code 102262

Reg. No.:.....

**PG Ayurveda Preliminary Regular/Supplementary Examinations
April 2024
(Manovijnanam Avum Manasaroga)**

**Paper II –Moulika Sidhantha
(2016 scheme)**

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay

(20)

1. Explain basic principles of Ayurveda psychology.

Short essays

(8x10=80)

2. Describe concept of Mana in Ayurveda, its sthana, karma and guna.
3. Explain the Purushartha Chatustya and its role in the prevention of Manas Roga.
4. Describe Manasika bhava and its importance in Manas Roga Nidan & Chikitsa.
5. Explain Samanya nidana of Manas Roga and principles of management in general.
6. Describe the principles of developmental psychology.
7. Explain the role of Panchakarma in Management of Manas Roga.
8. Discuss the concept of Sattvavajaya Chikitsa and its role in management of Manas Roga.
9. Write about mood disorders and the approach of Ayurveda in its management.
