Q.P. Code: 102257 Reg. No.:.....

## PG Ayurveda Preliminary Supplementary Examinations September 2023 (Swasthavritta)

## Paper II - Preventive, Social Medicine and Yoga

## (2016 scheme)

Time: 3 hrs Max marks: 100

- Answer all questions to the point neatly and legibly
  Do not leave any blank pages between answers
   Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together Leave sufficient space between answers

Essay (20)

1. Explain the Janapadadhwamsa vikaras and enlist the incidence in past and present scenario.

Short Essays (8x10=80)

- 2. Write the causes, features, preventive measures and control of air pollution.
- 3. Explain National Health policies and its goals.
- 4. Explain the role of swasthavritta and yoga in prevention of non-communicable diseases.
- 5. Explain the role of dharaneeya and adharaneeya vegas in health preservation.
- 6. Describe role of Rutucharya in preventive and Promotive health care.
- 7. Discuss in detail about Dwadasa asana pravichara and its importance in the present scenario.
- 8. Describe the relevance of Ashtanga yoga in promotion of health.
- 9. Discuss in detail about the concept of disease prevention and explain its importance in the current pandemic situation.

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