

Q.P. Code: 102257

Reg. No.:.....

PG Ayurveda Preliminary Supplementary Examinations July 2020
(Swasthavritta)

Paper II – Preventive, Social Medicine and Yoga
(2016 scheme)

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay

(20)

1. Justify the verse – “नगरी नगरस्येव रथस्येव रथी यथा” with respect to health promotion and disease prevention.

Short Essays

(8x10=80)

2. Give a list of causes and symptoms related with ओजो विस्रंस – व्यापद् – क्षय and write in detail about their management.
3. Scientifically analyse निद्रा वेगधारण, its effect on health and management of them.
4. Apply the principles of health education in educating community against lifestyle related disorders.
5. Write how adoption of बृह्मचर्य helps in promoting various dimensions of health.
6. How does suppressing the urges classified under धारणीय वेग promote health and prevent disease.
7. Write the concept of disease control as per both modern and Ayurvedic view.
8. Describe the levels of disease prevention and role of Swasthavritta in it.
9. Explain references of Yoga in Ayurveda text books.
