

**Q.P. Code: 102257**

**Reg. No.:.....**

**PG Ayurveda Preliminary Regular/Supplementary Examinations**

**October 2019**

**(Swasthavritta)**

**Paper II – Preventive, Social Medicine and Yoga**

**(2016 scheme)**

**Time: 3 hrs**

**Max marks: 100**

- **Answer all questions.**

**Essay**

**(20)**

1. Define Vega and explain the role of Adharaniya and Dharaniya Vega in health promotion and disease prevention with suitable modern day examples.

**Short Essays**

**(8x10=80)**

2. Discuss the relevance of Ratricharya and its importance in tackling present day health problems
3. Role of Swasthavritta in emerging communicable diseases with special reference to Nipah virus
4. Write about manifestation of diseases according to Yoga Vashishta and its relevance to therapeutic yoga
5. Define naturopathy and write about treatment modalities based on Panchabhoutikatva
6. Prepare a health education plan for tribal population of Kerala.
7. Explain the role of Swasthavritta in mother and child health care
8. Explain modes of disease transmission according to Ayurveda and modern science
9. What is national population policy. Explain.

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