

Q.P. Code: 102257

Reg. No.:.....

PG Ayurveda Preliminary Examinations November 2018

(Swastavritta)

Paper II – Moulika Sidhantha

(2016 scheme)

Time: 3 hrs

Max marks: 100

- **Answer all questions.**

Essay

(20)

1. Write causes, identification factors and management of जनपदोर्ध्वस related to water and write about its prevention.

Short Essays

(8x10=80)

2. Plan health promotive routine for night duty workers.
3. Write about modes of disease transmission as per both Ayurveda and contemporary science.
4. Write about the healthy and unhealthy practice of ताम्बूल सेवन and their effects on health.
5. Discuss reference about concepts of yoga in Ayurvedic classical texts.
6. What is the role of an expert of Swasthavritta and Yoga in sports man's life
7. Give plans of handling plastic and e-wastes for betterment of community health.
8. Interpret various definitions of Swasthya under different dimensions of health.
9. Explain Ayurvedic methods of birth control.
